



COVID-19 Programs Overview

www.swrsd.org
907-842-5287

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Southwest Region Schools
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Using this manual:

COVID-19 Risk Levels

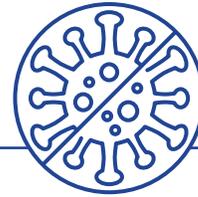
Low Risk - Green

Medium Risk - Yellow

High Risk - Red

Determining and Moving Between Levels

- BBAHC-SWRS Health Advisory Team will inform decisions about when the district or an individual school moves between each risk category.
- Levels may vary between communities or parts of the district (but may apply to district as a whole).
- In a number of plan areas, particularly those related to safety issues, state guidance combines low and medium risk levels.
- Risk levels may change suddenly as conditions change.



Message from Our Superintendent

In March of 2020, our schools were closed for the remainder of the spring by state mandate. Since then the news has carried daily stories related to the coronavirus, known more properly as COVID-19, and its impacts worldwide. The situation is a serious one and while we acknowledge that, we believe that we can safely resume operation of our school buildings and educational programs. Our young people deserve the critical opportunity to grow and prepare for their futures.

As a district, we have been monitoring the situation closely and actively planning to safely reopen our schools. In order to help protect our students, staff and communities, we are working with regional and state health professionals to ensure that we are promoting safety which will allow us to stay open and avoid lengthy closures, while being prepared to continue instruction in the event that cases occur in our communities.

The plans and protocols in this document are designed to allow us to resume operations safely. We know that we can find a path forward through all of this. It is what we do as schools and communities. We are focused on instruction knowing that if we keep safety in mind at all times, we can have a productive school year.

Thanks to all of you (parents, community members, and staff) for your care for our young people and for the patience to work with us to prepare for this unusual school year ahead. Together, we will provide a positive and productive year for our youth.



Steve Noonkesser

Steve Noonkesser
SWRS Superintendent



Operations Overview at Green and Yellow

Each school site will develop a specific plan that may differ slightly from what is included in this document.

	Low Risk	Medium Risk
Elementary Daily Schedule <i>(See next pages for secondary schedule)</i>	<ul style="list-style-type: none"> • Doors open at 8:45 am • Health screening 8:45-9:15 am • Class starts at 9:15 am • Monday, Tuesday, Thursday, Friday - Staggered dismissal times determined by sites • Wednesday - Students dismissed after lunch to complete distance activities at home 	<ul style="list-style-type: none"> • Doors open at 8:45 am • Health screening 8:45-9:15 am • Class starts at 9:15 am • Students dismissed every day after lunch to complete distance learning activities at home
Breakfast	Sites will serve breakfast in various ways following state food service guidelines.	
Lunch	Lunch periods will be staggered and/or served in alternate locations to allow for social distancing.	
Transitions	Minimized to promote social distancing	
Dismissal	Staggered dismissal by grade level with additional supervision to enforce social distancing.	
Masks	Low Risk <ul style="list-style-type: none"> • Masks are strongly recommended for K-3rd grade. • Masks are required for 4th - 12th grade and all adults 	Medium Risk <ul style="list-style-type: none"> • All students and adults are required wear masks.
Screenings	All staff, students, and visitors will participate in health screening and temperature check immediately upon entering the building.	
Symptom Isolation	Any student, staff, and visitor exhibiting symptoms of COVID-19 will not be allowed to enter or re-enter the school building until they: <ul style="list-style-type: none"> • receive a negative COVID-19 test and be symptom free for 24 hours; OR • remain home for 10 days if a COVID-19 test is not available from the local health clinic or hospital. 	

Secondary Schedule

This plan outlines the general secondary schedule to be implemented at the low, medium and high risk level settings. Each school site will develop a specific plan that may differ slightly from what is included in this document.

Low Risk

All in person learning

'A' DAY

'A' Day Schedule (Monday and Thursdays)

- 9:30-9:45 health screening
- 9:45-11:30 - 1st Period
- 11:30-12:00 - 2nd Period
- 12:00-12:30 - Lunch
- 12:30-1:45 - 2nd Period
- 1:45-3:30 - 3rd Period

'B' DAY

'B' Day Schedule (Tuesday and Fridays)

- 9:30-9:45 health screening
- 9:45-11:30 - 4th Period
- 11:30-12:00 - 5th Period
- 12:00-12:30 - Lunch
- 12:30-1:45 - 5th Period
- 1:45-3:30 - 6th Period

WEDNESDAY

Wednesday Schedule (Alternating A and B class periods weekly)

- 9:30-9:45 health screening
- 9:45-10:30 - 1st/4th Period
- 10:30-11:15 - 2nd/5th Period
- 11:15-12:00 - 3rd/6th Period
- 12:00-12:30 - Lunch

High Risk

All via SWRS Home Link

The high risk secondary schedule will be the same schedule as low risk, but will be done via SWRS Home Link instead of in person learning. Schools will communicate exact student schedules for online instruction, which will vary by school.



Secondary Schedule

Medium Risk

- Online instruction will begin promptly at 9:00am following schedules given by each school.
- Site secretary will call all students who are not present.
- Morning schedule, transit to school, and lunch period times may differ based on individual site needs.

'A' DAY

Morning Schedule 'A' Day (Monday and Thursdays) via **SWRS Home Link**

- 9:00-9:45am - 1st Period
- 9:50-10:35am - 2nd Period
- 10:40-11:25am - 3rd Period
- 11:30am-12:00pm - Transit to School
 - ▶ Students will be screened upon entering the building
- 12:00 – 12:40pm - Lunch (Supervision to be determined by site)

Afternoon Schedule 'A' Day (Monday and Thursdays) **in person**

- 12:45-1:40pm - 1st Period
- 1:43-2:38pm - 2nd Period
- 2:41-3:36pm - 3rd Period

'B' DAY

Morning Schedule 'B' Day (Tuesday and Fridays) via **SWRS Home Link**

- 9:00-9:45am - Period 4
- 9:50-10:35am - Period 5
- 10:40-11:25am - Period 6
- 11:30am-12:00pm - Transit to School
 - ▶ Students will be screened upon entering the building
- 12:00 – 12:40pm - Lunch (Supervision to be determined by site)

Afternoon Schedule 'B' Day (Tuesday and Fridays) **in person**

- 12:45-1:40pm - Period 4
- 1:43-2:38pm - Period 5
- 2:41-3:36pm - Period 6

WEDNESDAY

Wednesday Schedule - Online instruction only via **SWRS Home Link**

- (Alternating 'A' and 'B' schedule weekly)
 - ▶ 9:00-10:30 - Period 1/4
 - ▶ 10:35-12:05 - Period 2/5
 - ▶ 12:05-12:35 - Lunch
 - ▶ 12:40-2:10 - Period 3/6



School Schedule

Low and Medium Risk

- Add inservice days to the beginning of the school year for strategic planning implementation, COVID operations, as well as virtual instruction development/training with the first day of in-person school being September 14, 2020.
- School-sponsored activities like afterschool programs, etc. may be possible based on an approved plan with proper social distancing and other safety measures.
- School will operate under a blended learning model using both in-person and distance modes of learning based on a modified schedule as outlined in the operations overview.
- All students will practice SWRS Home Link to ensure they are prepared for instruction at the high risk level.
- All scheduled courses will be taught.

High Risk

- School building closed to everyone except designated staff to allow comprehensive cleaning and necessary instructional and/or specialized services.
 - Students with exceptional needs will continue to receive in person instruction. Other students may continue to receive in person instruction in small groups or by family.
 - Courses will be delivered via SWRS Home Link.
-

Meeting the Needs of Students with Exceptional Needs

- Students with exceptional needs will have individualized school schedules designed for them.
- A limited number of students with exceptional needs may be instructed in the school building even at the high risk level, with additional health and safety protections and PPE use in place.
- Students with exceptional needs include, but are not limited to, the following:
 - › Students on IEPs
 - › Students needing internet access to complete specific learning activities
 - › Students with intervention plans



SWRS Home Link

The district is beginning a new program this year, SWRS HomeLink. For the first time, students will be able to connect with teachers live via video-conferencing from home and receive instruction and turn in their school work. The system is also intended to assist students with continuing their learning when required to be at home either due to illness or self-quarantine requirements. This is a supplementary program that will allow greater flexibility for students in these challenging times.

Low Risk

- All staff members will be trained to use distance learning technology.
- All equipment required for distance learning will be provided by SWRS.
- Teachers at all levels will integrate distance learning technology into their classrooms daily to allow students to practice using new distance learning strategies.
- At low risk, all students will be released from school early on Wednesdays to practice using distance learning technology.

Medium Risk

- At medium risk, all students will complete distance learning activities for half the day following a set schedule.

High Risk

- All students will participate in distance learning for the entire school day.

Students on Self-Quarantine/Symptom Isolation

- Students needing to self-quarantine or symptom isolation will be required to complete distance learning activities.
- Materials, equipment, and food pick-up will be arranged for students.
- Students will be expected to complete all activities that students in the building are assigned at the direction of the teacher.
- Teachers will communicate clear expectations for students. Communication between school and home will be vital to making this successful.
- Additional time or accommodations may be provided as needed to ensure success.

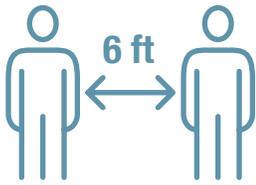


Health and Safety Protocol



Masks

- At the low risk level, all staff, all visitors, and students in grades 4th-12th are required to wear a mask at all times. For students in grades kindergarten-3rd, masks are highly recommended.
 - At the medium risk level, all staff, students, and visitors will wear a mask at all times.
 - Masks will be provided to anyone who does not bring their own.
 - Mask breaks will be scheduled by teachers when it is safe to do so.
-



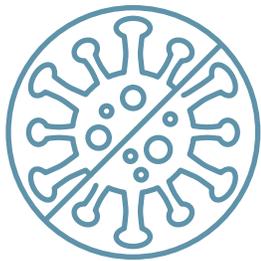
Social Distancing

- Schools will plan to implement social distancing in all areas in the school building, especially focusing on common areas of the school and anywhere lines may form.
 - School starts, recess, lunch, transitions, and school releases will be staggered to ensure social distancing can be maintained.
 - Grade level groups or smaller cohorts of students will stay together as much as possible throughout the day and day to day.
-



Personal Hygiene

- Staff will teach and reinforce thorough handwashing with soap and water for at least 20 seconds and/or the safe use of hand sanitizer that contains at least 60% alcohol by staff and older students.
 - Handwashing is required during key times including but not limited to: arrival and dismissal; before, during, and after preparing or eating food; after using the bathroom; after blowing one's nose, coughing, or sneezing; after touching objects with bare hands that have been handled by other people.
-



General

- Essential visitors will be allowed by appointment in the school buildings. All visitors must be health screened and wear a mask.
- Drinking fountains will be turned off. Students may bring their own water bottle, or the school will provide water bottles.
- Signage will be posted in classrooms, hallways, and entrances to communicate how to stop the spread, COVID-19 symptoms, preventative measures, good hygiene, and school/district specific protocols.

Transportation

During this pandemic, our bus companies plan to keep the safety of everyone on the bus a priority. The health and safety of the students and driver will be of utmost importance. For the safety of all on board the following will be strictly enforced:

- Masks will be required for all occupants on the bus.
- Staff will monitor arrival and dismissal to curtail congregating and ensure students go straight from vehicle to their classroom, and vice versa.
- School sites will assist with sanitizing the bus or school vehicle between trips.
- Riders will be required to keep hands to themselves and social distancing will be expected to the extent possible on all routes.
- Family members should sit together whenever possible.
- Food or drink will not be consumed on the bus as it requires removal of mask.
- Parents are encouraged to provide transportation to/from school to reduce capacity of the busses.

Facilities Use & Disinfecting/Cleaning

Low and Medium Risk

- Enhanced sanitation, including more frequent cleaning of high touch surfaces, high traffic areas, and shared equipment and work-spaces.
- Increased purchasing of PPE, hand sanitizer, and other approved cleaning supplies.
- Facility use by SWRS with direct student participation only.
- Classrooms stocked daily with needed cleaning supplies.
- Age-appropriate cleaning tasks for students cleaning own workspaces.
- Additional training for staff and students on cleaning procedures.
- Gym facilities may only be open outside of the school day for SWRS activities that are ASAA sanctioned or NYO.



High Risk

- Facility use for SWRS only to support cleaning and meeting the needs of students with exceptional needs.
- Complete sanitization of the entire schools by custodial staff.

Student Activities and District Travel

Low Risk

- District student travel will be allowed to areas within the Bristol Bay region of low risk with additional travel protocols in place for students. All participants must obtain a negative COVID-19 test prior to any home or traveling competition.
- All students participating in ASAA sanctioned activities must complete a COVID-19 Waiver and Release Form.
- Events held indoors will be limited to participants, coaches, sponsors, officials, a limited critical operations team.
- Student activities are subject to the district self-quarantine policy. This will not impact future eligibility for participation. Alternate practice opportunities may be provided.
- Athletic programs will follow guidelines set by the Alaska State Activity Association (ASAA) to the extent possible.
- Coaches/chaperones will complete necessary ASAA COVID-19 for Coaches & Administrators training module and follow SWRS Student Activities Protocols.
- Detailed travel documentation will be kept to aid in contact tracing if it is necessary.
- SWRS COVID-19 Student Activities Mitigation plan will be developed to address district-wide procedures for hosting events, traveling, and running specific activities.

Medium Risk

- No student travel will be allowed.
- Practices may still continue following all protocols.

High Risk

- No student activities

Food Service

Low and Medium Risk

- Sites will serve breakfast in various ways following state food service guidelines.
- Hand washing before lunch is required.
- Shared utensils, condiments, or other items will not be allowed.
- Lunch will be served in classrooms or in the cafeteria at a greatly reduced capacity.
- Food services personnel will place all food items on student trays.
- If a student is not allowed into the school building due to self-quarantine or symptom isolation, breakfast and lunches must continue to be provided for that student.
- Social distancing will be strictly enforced due to masks not being worn while eating.

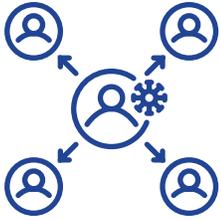


High Risk

- When a school moves into the high risk level, breakfast and lunch meals will continue to be provided to all students daily.
- Pre-packaged meals will be available for pick up or delivery daily or weekly based on the individual site plan, while also following all Food Program guidelines as appropriate.

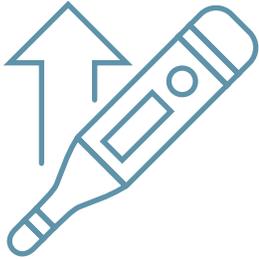


Symptom Free Facilities



Definitions:

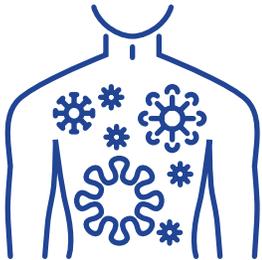
- **Isolation** separates people exhibiting symptoms of a contagious disease from people who are not exhibiting symptoms.
- **Self-quarantine** separates and restricts the movements of people who were possibly exposed to a contagious disease to see if they become sick and avoid further spread of the disease.



Symptom Isolation:

An isolation period is required for all students, staff, and visitors to the school building if they are exhibiting symptoms of COVID-19 following these requirements.

- COVID-19 symptoms include fever over 100.3 degrees Fahrenheit or higher, cough, shortness or breath, chills, night sweats, sore throat, body aches, muscle aches, joint pain, loss of taste or smell, headache, confusion, vomiting, diarrhea, abdominal pain.
- Any student, staff, and visitor exhibiting symptoms of COVID-19 will not be allowed to enter the school building until they:
 - › receive a negative COVID-19 test and be symptom free for 24 hours; OR
 - › remain home for 10 days if a COVID-19 test is not available from the local health clinic or hospital; OR
 - › obtain documentation from a healthcare provider stating that symptoms are due to a chronic condition



Positive COVID-19 Test:

If a student, staff, or visitor tests positive for COVID-19, they must isolate for 10 days and may return to school once it has been 24 hours since they had a fever AND all of their symptoms are improving. Documentation from a healthcare provider is requested before return.

- Positive COVID-19 tests will be communicated to the site principal and superintendent, maintaining student privacy at all times.

Screening Process

- Every student, staff, and visitor will complete a health screening process before being allowed into the school building at all risk levels.
- To complete daily health screening, every person will
 - › have their temperature taken
 - › be asked if they or anyone in their household has traveled out of the region in the past 14 days
 - › Be asked if they have any symptoms of COVID-19.
 - COVID-19 symptoms include fever over 100.3 degrees Fahrenheit or higher, cough, shortness or breath, chills, night sweats, sore throat, body aches, muscle aches, joint pain, loss of taste or smell, headache, confusion, vomiting, diarrhea, abdominal pain.
 - › Pass/fail of the health screening will be logged.
- Individual school sites will develop a specific protocol for how screenings and tracking of results will be kept.
- Students will be monitored throughout the school day for symptoms.



Failed Health Screening

- Visitor
 - › If a visitor to the building fails the health screening, they will be required to immediately leave the school building and encouraged to go to the clinic to take a COVID-19 test.
 - › That person will not be allowed to return to the school building for 10 days unless they receive a negative COVID-19 test.
- Staff
 - › If a staff member fails the health screening, they will be required to immediately leave the school building and encouraged to go to the clinic to take a COVID-19 test.
 - › Staff shall follow the SWRS COVID-19 Employee Leave Policy.
- Student
 - › If a student fails the health screening, they will be isolated following individual school site plan.
 - › Parent/guardian will be contacted to pick student up immediately.
 - › Parent/guardian will be informed on steps for return to school after symptom isolation.
 - › “Return to school after symptoms” document will be created and given to parents.
 - › If physically able, students will continue to participate in the educational program via distance following the SWRS COVID-19 School Calendar and Schedule Protocol.
 - › Only the student exhibiting symptoms must go home. Other students in that household may stay at school.



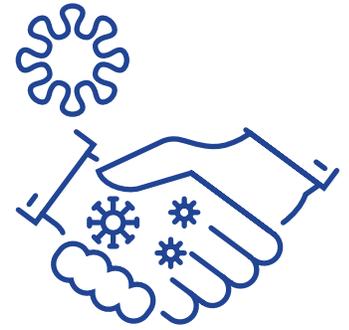
Contact Tracing

Contact tracing is key to slowing the spread of COVID-19 and helps protect your family, friends, and community. All contact tracing is performed by the Public Health office in Dillingham. The Public Health office is the organization that ensures that contact tracing is completed to minimize infection rates in the region. The Public Health organizations will begin contact tracing occurs when a student, employee, or community member has a confirmed case of COVID-19.



Vaccination

Vaccines are an important tool to help stop the COVID-19 pandemic. COVID-19 vaccinations are encourage for students and staff that meet the eligibility criteria. Parents and staff can contact the Bristol Bay Area Health Corporation (907 843 5287) or Public Health (907 842 5981) to learn more about COVID-19 vaccines, to get answers to your questions about the vaccine, and to make an appointment for a COVID-19 vaccine.



Self-Quarantine Updates | March 2021

Following guidance from the SWRS Health Advisory Team, the following self-quarantine policy is required for all students, staff, and visitors to the school building.

Reasons for Needing to Self-Quarantine

- A student, staff, or visitor to the school building is named as a close contact of a person who has tested positive for COVID-19, or
- A household member of a student, staff, or visitor to the school building has been identified as a close contact of a person who has tested positive for COVID-19, or
- A student, staff, or visitor to the school building has returned from travel for any reason outside the Bristol Bay region or from a community in region that is in red, or
- A household member of a student, staff, or visitor to the school building has returned from travel for any reason outside the Bristol Bay region or from a community in the region that is in red.
- If you are fully vaccinated for COVID-19 (2 weeks have passed after your last dose of vaccine), you do not have to self-quarantine.
- If you previously tested positive for COVID-19, you do not have to self-quarantine for 90 days after recovery.

Household Exception to Self-Quarantine

- Household members of travelers may be exempt from this self-quarantine requirement based on the conditions stated below:
 - › A household is defined as any person residing overnight in the same home. This may include permanent and temporary occupants of the home.
 - › Members of the household that did not travel do not have to self-quarantine **IF** the following conditions can be strictly adhered to in the household:
 - No visitors from outside the household are allowed during the self-quarantine period.
 - The person who traveled will attempt to stay as separated from all other members of the household as possible.
 - If household members need to be in the same room with person in self-quarantine, everyone should:
 - › Wear a mask and stay six feet apart.
 - › Wash hands often.
 - › Frequently clean and disinfect commonly-touched surfaces.
 - › All household members should monitor for COVID-19 symptoms for the entire self-quarantine period. If at any time anyone has symptoms, that person should be tested for COVID-19 as soon as possible.

Length of Self-Quarantine

All members of the household must continually monitor themselves for symptoms for a full 14 days, no matter the length of self-quarantine required. If any symptoms appear, you must re-enter self-quarantine and test immediately.

• 10 days

- › If you have been identified as a close contact of a person who has tested positive for COVID-19.
- › If you or a member of your household has traveled, and
 - is not experiencing any symptoms of COVID-19, and
 - is not able to observe the Household Exception to Self-Quarantine.
- › Testing is not required, however is recommended.



• 7 days

- › If you have been identified as a close contact of a person who has tested positive for COVID-19 and **you are able to obtain a COVID-19 test.**
- › If you or a member of your household has traveled, and
 - is not experiencing any symptoms of COVID-19, and
 - is not able to observe the Household Exception to Self-Quarantine, and
 - you **are able to obtain a COVID-19 test.**
- › If test obtained on the 7th day is negative, you may return to school on the 8th day. For this 7 day option, a negative test is required.

*** Note for sites: For these changes to the self-quarantine policy to be effective, all screening policies in the school must be strictly adhered to without any exception.**

Return to School

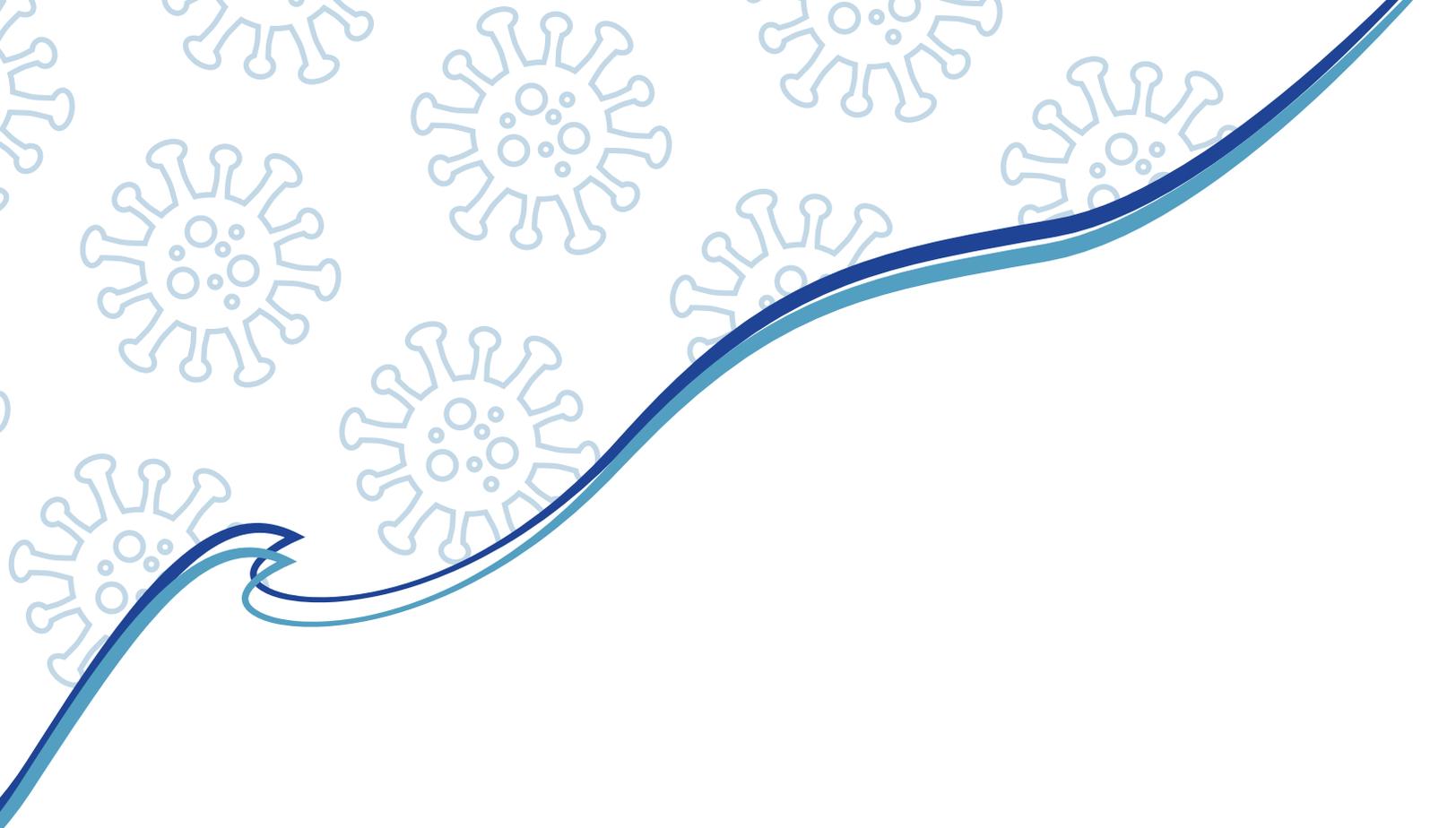
Students/staff/visitors may return to school from **Self-Quarantine** when...

- They have completed the required length of self-quarantine as defined above.

Students/staff/visitors may return to school from **Symptom Isolation** when....

- They have received a negative COVID-19 test result and are symptom free for 24 hours; or
- If no COVID-19 test is available, they must stay home for 10 days.
- If symptoms are due to a chronic condition, a healthcare provider may provide documentation stating that symptoms are due to a chronic condition and not COVID-19.





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